



City of Goodyear, Arizona

Citizens' Preparedness Guide

Many Goodyear residents have called the City to ask what they should do to prepare for a disaster or a terrorist attack. This Goodyear **Citizens' Preparedness Guide** provides suggestions for readiness in your homes, neighborhoods, workplaces, and public areas. Hopefully, this guide will help you learn how to make preparedness a part of your daily lives and improve your neighborhoods and the Goodyear community in the process.

Goodyear Resources

www.ci.goodyear.az.us

Information Hotline
(623) 932-1716

Fire Non-Emergency
(623) 932 - 2300

Police Non-Emergency
(623) 932 - 1220

Other Resources

Local Red Cross -
(602) 336 - 6660

www.ready.gov

www.fema.org

www.redcross.org

Fema Preparedness -
1-800-480-2520

1-800-BE-READY

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How Your City Is Preparing for Disasters

Goodyear has an Emergency Management Team in place that is monitoring conditions and is ready to act in case of disaster. Fire Chief Mark Gaillard is in charge of Goodyear's homeland security. He leads this team made up of representatives from Police, Fire, Telecommunications, Public Works, Information Technology and Public Information.

The Emergency Management Team has established basic responses and procedures for every level of alert as established by the national Homeland Security Office. Threat levels are identified by color with green being the lowest threat and red the highest. Visit Goodyear's website to see the current alert level.

Goodyear has its own fully-equipped Emergency Operations Center (EOC) which can be activated in a matter of minutes in case of disaster. The City also has an Emergency Command Van which provides a center of operations at an emergency scene. Having this communications/operations center available in the field enhances the City's public safety effectiveness.

Water: The Absolute Necessity

✓ Store your water in sound plastic containers such as soft drink bottles.

One gallon per person per day.



✓ Before storing, treat with a preservative, such as chlorine bleach, to prevent the growth of microorganisms.

✓ Store at least a two-week supply.

✓ Do not ration water too severely. Everyone needs water everyday. You can survive without food longer than without water.

✓ If disaster catches you without a water supply, you can use water in your hot-water tank, in your plumbing and in ice cubes.



✓ Know the location of your incoming water valve and turn it off to stop contaminated water from entering your home, if necessary.

✓ Emergency outdoor water supply: rainwater, streams, rivers, ponds, lakes and springs. Be sure to purify before using.

✓ To purify water, boiling is the safest method. Bring to rapid, rolling boil for 10 minutes.

✓ You can also purify water by adding two drops of chlorine bleach per quart of water or adding purification tablets.

Preparing Your Family Disaster Supply Kit

Disaster can happen anytime, anywhere. After a disaster, local officials and relief workers will be on the scene, but they cannot reach everyone immediately. You could get help in hours, or it may take days. Be prepared to make it on your own **for at least three days.**

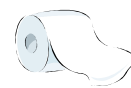
Include:

- Water and food supplies
- Change of clothes, sturdy shoes
- Blankets or sleeping bags
- First aid kit and prescription medications
- Extra pair of glasses
- Battery-powered radio, flashlight and extra batteries
- Credit cards and cash
- Plastic sheeting, duct tape
- Portable can opener, utility knife



Think first about fresh water, food and clean air. **Consider making two kits.** In one, put everything you will need to stay where you are and make it on your own. The other should be a lightweight smaller version you can take with you in a backpack or duffle bag if you have to get away.

- Personal hygiene supplies and soap
- Garbage bags
- Non-prescription drugs
- Sewing kit
- Fire extinguisher, flares
- Shut-off wrench, to turn off household gas and water
- Whistles, compass
- Entertainment - games, books
- Special needs for babies, the elderly or the handicapped



Assure Your Family's Fresh Air Supply

Explosions may release very fine debris that can cause lung damage. Anything that fits snugly over your nose and mouth, including any dense-weave cotton material, can help filter contaminants in an emergency.

Face masks readily available in hardware stores can work as well. It is very important that most of the air you breathe comes *through* the mask, not from spaces around it.

For chemical gases, cover doors and windows tightly with heavy-weight garbage bags and duct tape.

Gather Together Key Family Documents

Keep these records in a waterproof, portable container

- Wills, insurance policies, contracts, deeds, stocks and bonds
- Passports, social security cards, immunization records
- Bank account numbers
- Credit card account numbers and companies
- Inventory of valuable household goods, important telephone numbers
- Family records (birth, marriage, death certificates)



Developing A Family Disaster Plan

Communication Plan

Your family may not be together when disaster strikes, so plan how you will contact one another and review what you will do in different situations.

- Make sure everyone knows contact numbers and how to get in touch
- Keep numbers laminated in your wallets
- It may be wise to have everyone call an out-of-state friend; use phone cards
- Keep a list of emergency numbers near the phone



Deciding to Stay or Go

Watch TV, listen to the radio or check the internet often for information or official instruction as it becomes available. If you are specifically told to evacuate or seek medical treatment, do so immediately.

If You Need to Evacuate

- Listen to a battery-powered radio for the location of emergency shelters. Follow instruction of local officials as to routes.
- Develop a home evacuation plan and practice it with your family.
- Agree on a place nearby to meet once everyone gets out of the house.

If you have time . . .

- Shut off water, gas and electricity, if instructed to do so
- Let others know when you leave and where you are going
- Take your pets, if at all possible

Shelter-in-Place/Safe Room

If the air is badly contaminated, quickly bring family and pets inside, lock doors, and close windows, air vents and fireplace dampers. Turn off air conditioning or heating systems, exhaust fans and clothes dryers.

Go to your designated safe room that can be sealed off best and take your emergency supplies. It would be best to have a computer, TV and battery radio in that room to monitor the situation.

Neighbors Helping Neighbors



People working together adds strength. Decide who will check on elderly or disabled neighbors. Share specialized equipment such as power generators or expertise such as medical knowledge.

Prepare A Portable Emergency Car Kit

Include:

- Battery powered radio, flashlight and extra batteries
- Blanket
- Booster cables
- Extra car keys
- Fire extinguisher (5 lb, A-B-C)
- First aid kit and manual
- Bottled water and non-perishable high energy foods
- Shovel, flares
- Map with local shelters on it
- Tire repair kit and pump



Food:

Preparing an Emergency Stockpile

✓ Food, unlike water, may be rationed safely except for children and pregnant women.

✓ If water is limited, avoid foods high in fat and protein and don't stock salty foods.



✓ Use familiar foods - canned foods, dry mixes and other staples on your cupboard shelves.

✓ Prepare a 2-week supply and keep it fresh by rotating it out once or twice a year.

✓ Make sure you have a can opener and disposable utensils.

✓ Don't forget nonperishable foods for your pets.

✓ Keep canned foods in a dry place -- not above 70 degrees and not below freezing.



✓ Protect boxed foods from pests by putting in closed cans.

Preparing Your Children



Preparing your family means making sure that your children know what to do during an emergency. Tell them what is important so they feel confident about what to do.

- Teach your children to stay in touch and check in after school.
- Make sure your children know how to contact you at work.
- Make sure your children know the address where they live, including nearby cross streets and landmarks.
- Be sure they know their complete home phone number.
- Explain 9-1-1 and when it is appropriate to use.
- Work with neighbors to find places that are safe for children and teens to go in an emergency such as a friend's house, fire station, library or school.

Terrorism Awareness for Citizens

The security of Arizona and Goodyear depends greatly upon citizen involvement. Your state and city law enforcement agencies ask that you be their eyes and ears.

We need you to:

- Remain alert and be aware of everyday activities in your neighborhood
- Encourage the involvement of family and friends
- Assume responsibility to observe and report activities that appear out of place or unusual

If you become aware of suspicious activity DO NOT:

- Take direct action or confront the individual
- Reveal your suspicions

If you become aware of suspicious activity DO:

- Record as many descriptive details as possible
- Notify the appropriate law enforcement agency, depending upon where you are at the time.

Goodyear Police - (623) 932-1220

How to Get Prepared At The Workplace

An emergency can happen at any time. You and your co-workers should know what to do so you can get safely home to your families.

- Learn about your company's emergency plan and help develop one if there is none.
- Practice your company's emergency plan, including evacuation.



- Know the exit routes and evacuation plans in your building.
- Know at least two exit routes from each room.
- Have a designated post-evacuation meeting location to be sure all can be accounted for.
- Make special emergency plans for co-workers who are disabled or need help .
- Know the location of fire extinguishers and medical kits.
- Make a list of important phone numbers.
- Gather personal emergency supplies in a desk drawer, including a flashlight, walking shoes, a water bottle and nonperishable food.
- Put together an office phone tree with everyone's home phone numbers; decide who will call whom.
- Make plans to help each other with transportation if thoroughfares are impassable.

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